

## Joy is a Fruit of the Spirit

Galatians 5:22; Nehemiah 8:1-3, 10-12



### Here's what happens...

After they finish rebuilding the wall around Jerusalem, Nehemiah and his friends read from God's Word. They're sad to realize they haven't been obeying God, but Nehemiah tells them to celebrate because the joy of the Lord is our strength.

### Bible Point:

Joy is a fruit of the Spirit.

*"But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!" Galatians 5:22-23*

Go to [www.c3church.us](http://www.c3church.us) to find additional video links on the C3 Kids webpage.

### Family Together Time

When we're friends with God, he helps us feel joy and happiness in our hearts. Joy comes from God! As a family, make signs with smiley faces and the words of the Scriptures below. Hang the signs around the house as a reminder that the Spirit can fill you with joy!

- 1 Thessalonians 5:16
- Romans 12:12
- Psalm 33:1
- Psalm 94:19
- Psalm 16:11
- Psalm 68:3
- The more we get to know God, the more joy we'll feel. Talk about ways how you will spread joy this week!
- Sing "[All That is Good](#)" as you praise God!

### Talk About Video

Watch "[Joy in Africa](#)" to see how God brought joy to a school in Africa...even when the kids didn't have everything we might think makes us happy.

- Tell about something that makes you *really* happy? Did you see those things that make you happy in the video?
- What were some things the kids experienced that seemed really hard?
- How do you think the kids were able to have joy even though they had hard lives?
- How would you describe the difference between happiness and joy?

Joy doesn't come from what we have. Joy comes from God, because joy is a fruit of the spirit!

### Church Announcements

Welcome back!! We are excited to be together! Continue to check out our webpage, [C3 Kids](#), as we will continue to provide online lessons, especially if you can't make it to church! See you next week!!

### Pray About This...

Ask God to fill you with so much joy, it bubbles over in your life!